

Call for 2 HR Presentation Proposals

21st Conference for Integrative and Energy Therapies

Annual Energy Psychology Conference

Integrating Ancient Wisdom with Modern Science

Pinnacle Hotel Harbourfront

1133 West Hastings Street

Vancouver, B.C.

Tel: 1-844-337-3118

Main Conference: Friday October 18th to Sunday October 20st, 2019

Pre-Conference Workshops: October 17

Post-Conference Workshops: October 21

Call for 2 Hour Presentation Proposal

We are currently inviting potential presenters to submit proposals for **2-hour breakout** sessions at the 21st Annual Energy Psychology in Vancouver, BC. There is space for a maximum of 20 breakout sessions in four concurrent sessions over the course of three main conference days.

Proposals must be submitted by **February 18, 2019 (midnight, Eastern Time)**. **There will be no extension to this deadline.**

Please note that all proposals are to be submitted [online](#).

We strongly advise you to submit your proposal prior to the deadline as proposals may be returned for revision if directions are not followed. All revisions must be resubmitted by February 5 after which no extensions will be granted.

This year, we are partnering with the international Society for Orthomolecular Medicine as well as expanding our circle by inviting new talent, influential in fields related to Energy Psychology and Orthomolecular Medicine, as our outstanding presenters continue to be selected from The Best of the Best. This conference continues to provide an exceptional opportunity to network, build connections and share your discoveries, innovations and wisdom with colleagues from around the world.

You will also have the opportunity of selling your books, manuals, CDs, and other items in our professionally managed conference bookstore.

NOTE TO RETURNING PRESENTERS

Please refrain from proposing a repeat presentation.

While you can certainly present on the same method, please do it from a different application or topic.

New topics will be given preference over those previously delivered.

Conference Goals:

- To more fully define, establish and promote the evolving discipline of energy psychology through theory, application, innovation, ethical use, and research.
- To keep participants at the forefront of the latest developments in energy psychology, including the theory and research basis for the discipline of energy psychology.
- To deepen participants' understanding of energy psychology as a developing complementary modality within the mind/body interaction framework.
- To explore specific means of addressing emotional/psychological distress, as well as peak functioning, by using a range of energy-oriented approaches.
- To continue the conference's tradition of meeting these goals in an atmosphere of collegiality, collaboration, compassion, and fun.

Criteria for Selection

Proposals will be selected on the following basis:

1. Relevance to the goals of the conference.
2. Relevance to a multidisciplinary audience.
3. Relevance to an international audience.
4. Originality and innovation – research studies for presentation will be given preference
5. Completeness of the proposal application.
6. Organization and clarity.
7. Appropriateness for the skill-level indicated.
8. Preference given to CAIET members.
9. CE regulations require that a presenter have at least a Masters Degree in a mental health or related field for a course to be given CE credit. If you do not have a Master's Degree, consider getting a co-presenter who does. In the event that your proposal is accepted, it will not be offered for CE credit.

NOTE: 1) While we consider all eligible submissions, it is beneficial if you have attended at least one of our conferences. 2) Presenters are expected to attend the entire conference

Important Information:

- Each proposal must relate to Energy Psychology / Energy Medicine.
- Only make claims in your proposal that you can substantiate by citing research that a reviewer would view as clearly supporting that claim.
- All presentations must reflect the original work of the speakers. **Any presentations reflecting someone else's work other than by short reference must be accompanied by a letter from the originator of the work authorizing the presentation of material at this conference.**
- New presenters may be required to submit two letters of reference attesting to their ability to present

- All proposals must be submitted electronically via <http://caiet.org/proposals> by the **February 18 deadline**
- It is highly recommended that you attend the entire conference if selected to present.

Please Note: It is expected that all presenters who are selected, agree to help publicize yourselves, and thus the conference, through your e-mail list, website and/or mailings.

Prior to drafting a proposal, writers are urged to download the article [How to Write a Winning Proposal](#) written by David Gruder, PhD on drafting successful proposals.

Continuing Education:

CAIET has applied to the Canadian Counselling and Psychotherapy Association (CCPA) for CE credits.

The Ontario Society of Psychotherapists (OSP) and the Ontario Association of Consultants, Counsellors, Psychometrists and Psychotherapists (OACCPP) will honour CE credits if members can demonstrate that the event is relevant to their practice. In addition, this certificate may be used to qualify for eligibility for continuing education credits when submitted to your own professional college or association.

To be in compliance with the continuing education requirements, we must receive your CE presentation applications completed as described below.

TWO HOUR BREAKOUT PRESENTATION PROPOSAL REQUIREMENTS:

We invite proposals on a wide range of topics that address one or more of the stated conference objectives. Our overall goal is to more fully define, establish and promote the evolving discipline of Energy Psychology through investigating Theory, Application, Innovation and Research.

Item I. Cover Page

Presentation Title: Make it descriptive and engaging and as brief as possible (Maximum 100 characters).

Type of Presentation: Fundamentals of EP, Developing the Practitioner, Ethics, Special Populations, Integrated Approaches to Energy Psychology, Energy Psychology through the Life Cycle,

Energy Psychology and Culture, Specific Approaches, Research, Spirituality & Consciousness,

Select all that you think may apply: The committee will ultimately decide on which category is most appropriate. (See below for more detail).

Audience Skill Level Pre-requisite: All or Intermediate/Advanced. We are looking for more workshops at the Intermediate/Advanced level. (see below for details)

Presentation Methods: Lecture (didactic), demonstration, case study, group interaction, discussion, experiential, video.

Audio-visual Requests: one flip chart and a screen is standard with further options of stools for demos. Please specify beyond this, knowing that presenters are responsible for any additional AV requests beyond those mentioned.

NOTE: Presenters are expected to bring their own laptops and LCD projectors for power point presentations or make arrangements to borrow or rent onsite.

Presenter(s) Biographical Summaries: Each author's full name, title, academic degree, professional licenses, certifications, and affiliation; in addition, please indicate whether or not each presenter is a CAIET member. The length of biographical summaries for each presenter is 45 words maximum for the marketing brochure, and 150 words maximum for the conference program manual.

Contact Information: Include complete mailing address, daytime and evening telephone numbers, fax number, email address and any website information for each presenter. Please indicate which person is the primary contact.

Item II. Narrative and Outline of Presentation

Publicity Description: Provide a concise and engaging 45-word description of the session (*subject to editing*) as it would appear in brochure if selected.

Abstract: Provide a dry, professionally worded technical description for CE documentation purposes only, Not for publicity. Maximum 100 words.

Introduction: State the purpose and rationale for the presentation. This is a nutshell summary of what will be presented and how this is relevant to one or more of the conference goals.

Objectives:

- IMPORTANT – PLEASE NOTE: State three objectives in measurable, behavioral terms for continuing education purposes. (Example: "Upon completion of this session the participant will be able to: 1) Name three aspects of the human electromagnetic system; etc.")
 - Please note: these must be behavioral objectives with measurable outcomes. Terms such as "understand", "be familiar with", "learn" and "appreciate" are NOT measurable.
 - Acceptable terms include: List, Describe, Name, Delineate, Identify, Explain, Categorize, Classify.
 - For instance:
 - "Identify two distinctly different types of information processing;" or
 - "Name the three major aspects comprising the Human Vibrational Matrix;" or
 - "Name seven root lineages from which EP methods derive;" or
 - "List three of the early EP methods and the names of their developers;" or
 - "Describe three levels of energy field disturbance, and one EP treatment approach believed to address each of these three levels."

Proposals will be returned for revision if objectives are not in measurable terms.

Presentation Content Outline: An outline is a Roman numeral or bulleted skeleton of what will be covered and how much time is planned to present each section. (*Example: I. Define Energy Psychology; II. Identifying Psychological Reversals; II A. Global Reversals; II B. Issue-Specific Reversals, etc. – stated in increments*) Total time should add up to two hours.

Evaluation: Develop one question related to each objective that can be used to test what the learners have achieved. Questions can be True/False, Multiple Choice or open ended. (*Example: "Three aspects of the human electromagnetic system are 1) ____ 2) ____ 3) ____."*)

Bibliography of relevant books or articles that pertain to this presentation, in format of Turabian's "A Manual for Writers of Term Papers, Theses, and Dissertations" or related American Psychological Association format.

Item III. Resumes or CV & Photo

Submit a complete resume or curriculum vitae in word document format as well as a headshot photo (web resolution) for each speaker. Please submit a new resume or vita, even if you are a returning presenter, as required by our CE providers.

ONLINE SUBMISSION INFORMATION

- 1) The official website for submissions is <http://caiet.org/proposals>
- 2) The deadline for submitting proposals is February 18, 2017. Once a proposal is submitted, the primary speaker will receive an e-mail acknowledgement; if no confirmation is received within 48 hours, please contact proposals@CAIET.org.
- 3) Even though you are electronically submitting your proposal, make a hard copy of in a word document and keep that on your hard drive as a back-up.
- 4) Also, please download a hardcopy of this call for proposals with clarifying information.
- 5) Presenters must have an e-mail address to facilitate the proposal process and all conference related communications. Accepted proposals will be confirmed by email.

NOTE: If you have not presented for us before, include a history of your presentations and 2 letters of recommendation.

Benefits of Presenting at Conference

- Presenters' names and description of their work are circulated to tens of thousands worldwide.
- You will be our honoured guest at a special Presenters' Welcome Reception.
- Presenters are offered a vastly discounted tuition rate to attend the conference. (All presenters must register for the conference).
- Presenters may sell their books and CDs at the professionally run conference bookstore.
- The most popular and highly rated conference presenters will be considered for invitations to facilitate future pre-conference workshops.
- Most importantly, presenters share their knowledge with a highly skilled, influential group and play a significant part in the advancement of the dynamic, expanding field of energy psychology.

Presenters may bring brochures or other announcements of your own workshops to display at the back of the room during your breakout presentation. Many previous presenters have successfully marketed enrollment in their training programs through conference contacts. Although presenters are **not** allowed to sell products or training courses during sessions due to CE regulations, we are happy to support this in other professionally appropriate ways.

Proceeds from this conference are used to underwrite the many conference expenses and the continuing education that it provides. In this context, it is important to be aware that breakout presenters do not receive an honorarium.

Thank you for choosing to be at the forefront in helping this expanding field mature by participating in this conference and by choosing to be a member of CAIET. Please encourage your colleagues to attend the conference and to support our efforts.

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**CAIET** is recognized as a non-profit corporation and publicly supported foundation, Ontario Corporation, Number 1774109.

The Canadian Association for Integrative and Energy Therapies (CAIET) was founded in 2008 as a Canadian nonprofit organization of licensed mental health professionals and related energy health practitioners committed to promoting the knowledge and understanding of Energy Psychology by providing and underwriting educational workshops and an annual Energy Psychology conference for professionals as well as for qualified and interested consumers. CAIET is committed to promoting the practice of complementary healthcare, with emphasis on Energy Psychology. Our vision is to advance knowledge, research and awareness of the practice of Energy Psychology as a developing complementary modality within the interactive mind/body structure. Our mission is to be a resource for healing and learning through the expanding field of Energy Psychology and to operate with integrity, purity of intent, generosity of spirit and an open mind.

For further information and to join, please visit the CAIET website: [www.caiet.org](http://www.caiet.org)

For more information please contact:

Email: [info@epccanada.ca](mailto:info@epccanada.ca)

Phone: 416-221-5639

Conference Site: [www.epccanada.ca](http://www.epccanada.ca)

## **Important - Please Read Carefully**

Please note that we are looking for new material. If you have presented in the past, we ask that you submit a different proposal. (If you present on TAT or EFT, you can still present on those subjects... just find a different application on which to present. The goal here is to advance the field.)

Please be aware that except for the basic track we are assuming that all other submissions are at the intermediate to advanced levels.

**Please note the importance of defining your submission as ALL or Intermediate/Advanced**

**Fundamentals:** These are workshops are specifically geared to the novice.

**ALL** refers to a workshop that presupposes only a basic knowledge of EP. This would be a workshop that either does not require a great deal of EP knowledge or is in an area of EP that is a bit different. An example might be: an introduction to the 5 element theory and its application to meridian tapping approaches. Or an example might be a workshop on the use of EFT with eating disorders. An ALL workshop might teach the basic EFT recipe or the choices technique as well as the specific application to the issues presented with eating disorders

**Intermediate/Advanced:** a workshop that presupposes considerable knowledge of either EP or the specific content of the workshop. An example might be a workshop on the use of EFT with eating disorders. An intermediate/advanced workshop would not teach the basic EFT recipe or even some of the intermediate skills such as the choices technique. It would presuppose that the attendee

knows this information and would focus more on the specific application to the issues presented with eating disorders.

## Suggested Categories

**I. Fundamentals of Energy Psychology:** Provides basic training in the principles and practice of EP

**II. Specific Populations:** Focuses on specific types of problems (*Examples: Pain, Trauma, Installing Positive Beliefs, Using Energy Psychology in Business Settings*) but not necessarily one energy-specific approach. This track will be used more for proposals that use more than one energetic approach.

**III. Specific Approaches:** Focuses on the theory or application of specific EP approaches. This track would be chosen for a workshop that focuses on one approach only. (*Examples: EFT for Anxiety Reduction, TFT for Addictions, TAT for Trauma, etc.*)

**IV. Integrated Approaches to Energy Psychology:** Integrates different EP approaches with each other as well as other therapeutic approaches (*Examples: EP and EMDR, EP and Hypnosis, Strategies to Integrate EFT with TAT*). Research based workshops now belong in this category. We are very interested in research results or ideas about research or how research fits with clinical practice.

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NOTE: Although we prefer that most workshops relate to energy psychology, there will be some flexibility in the following topics. The goal is to create some cross-fertilization of fields. Only a few workshops will be allowed in this area. Presenters must link the main issue being discussed back to Energy Psychology in some manner. **(The more adept you are at doing this, the better the chance of being accepted).**

**V. Spirituality/Consciousness:** Centers less on energy psychology specific technique and more around general principles of the energetic role of consciousness and spiritual practice. Workshops on meditative practices would also belong in this category. (*For instance, a workshop on the practice of Buddhist meditation practice of Tonglen is a workshop that we would welcome.*) It would be helpful for such a workshop to spend some time discussing how an energy psychology practitioner could integrate this technique into his/her practice.)

**VI. Developing the Practitioner:** Focuses on developing the self of the therapist/healer. Workshops on ethics, boundaries, and intuition, sharpening general clinical skills, developing the person of the therapist belong here.

**VII. Energy Psychology Through the Life Cycle:** This category will also cover children and adolescents, childbirth, family and marriage issues, transitions, coping with illness, EP & Geriatrics, EP & Death and Dying. And other issues through the life cycle.

**VIII. Indigenous Wisdom & Healing:** We are looking for workshops that focus on indigenous wisdom and healing practices. Examples might include: shamanistic approaches, Yogic practices, Native American Approaches to healing, etc. Workshops that link the material to energy psychology will have an advantage.

**IX. EP ROOTS:** Qi-Gong and TCM

## **Suggested Topics:**

- Ethics
- EP with Addictions
- EP with Eating Disorders
- EP with Panic Disorder
- EP with Cancer
- EP with Executives
- EP and Mindfulness
- EP for the Performing Artist
- EP and Peak Performance: This would focus on approaches for using EP to help people improve what is working.
  - Topics could include the use of sports, school performance, business applications, abundance, well-being and so on.
  - This type of presentation is ideally suited for coaches to present.
- EP Healing with Light and Sound